

STANDARDS-RELATED DOCUMENT

SRD-2 to AMedP-1.11

MANDATORY MINIMUM NUTRIENT CONTENT REQUIREMENTS, OPERATIONAL RATION

EDITION A, VERSION 1

JUNE 2025



NORTH ATLANTIC TREATY ORGANIZATION

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NATO LETTER OF PROMULGATION

18 June 2025

1. The enclosed Standards Related Document, SRD-2 to AMedP-1.11, Edition A, Version 1, MANDATORY MINIMUM NUTRIENT CONTENT REQUIREMENTS, OPERATIONAL RATION, which has been approved in conjunction with AMedP-1.11 by the nations in the Military Committee Medical Standardization Board, is promulgated herewith.
2. SRD-2 to AMedP-1.11, Edition A, Version 1, is effective upon receipt.
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For Thierry POULETTE
Major General, FRA (A)
Director, NATO Standardization Office

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Mandatory Minimum Nutrient Content Requirements, Operational Ration

Nutrient	Unit	Value
Energy	Kcal	3,600
Carbohydrate	g	404
Protein	g	118
*Fat	g	88
Total Fiber	g	30
Vitamin A	µg RAE	900
Thiamin	mg	1.2
Vitamin B6	mg	1.3
Vitamin B12	µg	2.4
Folate	µg DFE	400
Vitamin C	mg	90
Vitamin D	µg	5
Calcium	mg	1,000
Zinc	mg	11
Iron	mg	8
Magnesium	mg	410
Potassium	mg	3800
Sodium	mg	2300
Riboflavin	mg	1.3
Niacin	mg NE	16
Vitamin E	mg	10
Vitamin K	µg	70
Phosphorous	mg	700
Iodine	µg	150
Selenium	µg	55
Fluoride	mg	4
Pantothenic acid	mg	5

*Fat content is the remaining energy content once carbohydrate and protein have been calculated

Max 35 % Energy by Fat (1260 kcal) -> 140 g Fat

RAE = Retinal Activity Equivalent

DFE = Dietary Folate Equivalent

NE = Niacin Equivalent

Vitamin K = all forms

SRD-2 to AMedP-1.11(A)(1)